

# **ASTM F2772**



## HOW CAN YOU PREVENT SPORTS INJURIES IN YOUR FACILITY?

- Children are more susceptible to sports related injuries because they are still growing and gaining motor and cognitive skills.
- Overuse injuries are responsible for nearly half of all sports injuries to middle and high school students.
- Over 3.5 million children ages 14 and under receive medical treatment for sports related injuries each year.
- ▶ 62% of sports injuries occur during practice rather than games.
- 21% of all traumatic brain injuries among children in the United States are associated with participation in sports and recreational activities.
- ▶ 50% of all organized sports related injuries are preventable.

Source: **Preventing accidental injuries** http://www.usa.safekids.org/

## THE AMERICAN SPORTS FLOORING SAFETY STANDARD

To evaluate which sports or multipurpose flooring is appropriate for your facility, use the American Society for Testing and Materials (ASTM) F2772: **Standard Specification for Athletic Performance Properties of Indoor** 

**Sports Floor Systems.** Developed in 2009, it establishes clear standards by setting minimum criteria and categories for use in North America.



### WHAT DOES IT MEASURE?

To meet the ASTM F2772 standard, floors are evaluated on the following four sports criteria and then classified into one of five performance-level classifications (from C1 to C5). The criteria are:

- Shock Absorption: measures the floor's ability to reduce the force of impact. Increased shock absorption translates to a safer floor for athletes of all ages in reducing the risk of long-term injuries.
- 2. **Vertical Deformation**: measures the floor's ability to deform or "give" when an athlete jumps or falls. It is associated with flooring comfort and the reduction of immediate injuries. Too much "give" is like running on sand and is unstable, while too little may result in immediate injuries on impact or falls.
- 3. **Ball Bounce**: measures the accuracy of the vertical ball behavior. The higher and more uniform the ball rebound, the better playability.
- 4. **Sliding Effect**: also referred to as coefficient of friction or slip-and-slide. It is the floor's optimal level of grip and slide in all directions and allows for safe and easy movement or pivoting.





VCT is not a sports floor. It does <u>not</u> meet the ASTM F2772 for indoor sports flooring and does <u>not</u> provide sports flooring properties that reduce the risk of immediate or long term injuries. Eliminate liability risks by specifying a safe and approved sports flooring.

## **SPORT COURT® INDOOR SPORT SURFACES**

### **ASTM F2772 MINIMUM PERFORMANCE LEVELS & CLASSIFICATION**

To meet ASTM F2772 standards, all floors must adhere to vertical deformation, ball bounce and sliding effect criteria. Once achieved, they are divided into five classes of shock absorption ranging from Class 1 to Class 5. The performance levels are listed below:

- Shock Absorption: must be a minimum of 10%
- Vertical Deformation: must be less than 3.5mm for synthetic floors
- Ball Bounce: minimum of 90% ball rebound
- ▶ Sliding Effect: value must be between 80-110

Any floor that does not meet these four criteria is not compliant with the current ASTM F2772 Standard for indoor sports and multipurpose flooring.



	Non- Compliant	Class 1	Class 2	Class 3	Class 4	Class 5	
Shock Absorption	Below 10%	≥10% to ≤21%	≥22% to ≤33%	≥34% to ≤45%	≥46% to ≤57%	≥58%	
Vertical Deformation	Synthetic sport floors: Max 3.5mm in all categories Wood sport floors: Max 5.0mm in all categories						
Ball Bounce	Min 90% rebound height (ball bounce) compared to concrete required for all categories						
Sliding Effect	Sliding coefficient value: between 80-110 in all categories						
Type of Use	<ul><li>Hallways</li><li>Entry areas</li></ul>	<ul> <li>Classrooms</li> </ul>	<ul> <li>Multi-Sport</li> <li>Basketball</li> <li>80% Sport activities</li> </ul>		<ul><li>Aerobics</li><li>High impact training</li><li>Kindergarten</li></ul>	<ul> <li>Custom solutions</li> </ul>	
VCT, Carpet, Co all bave les	ncrete, and Linole s than 10% shock	um Sport Cou several ontic	Sport Court's indoor sports flooring offers several ontions within Class 1 and Class 2 Your		TRUE OR FALSE: FLOORS IN CLASS 4 AND CLASS 5 ALWAYS OFFER THE REST FLOORING SOLUTIONS		
absorption and do not meet Class 1		s 1 Sport Court	Sport Court CourtBuilder can help you choose		FALSE – High classification means higher shock absorption, but		
standards for a sport floor.		the b	the best surface for your facility.		this may not be the best solution for your needs or your athletes.		

### WHAT ABOUT DIN AND **EN STANDARDS?**

DIN 18032 and EN 14904 are German and European sports flooring properties respectively. They were the standards often used before the creation of ASTM F2772 in 2009.



### SHOULD I USE ALL THREE STANDARDS?

Only use the ASTM F2772 standard; it's the only one recognized in the U.S. today. It considers the multipurpose and sports needs of American facilities, while the DIN and EN norms only addressed European Sports Halls. Gymnasiums and community centers across the U.S. host a variety of multipurpose activities and level of sports play. Thus, using only DIN and EN standards may exclude multipurpose flooring solutions. Adherence to the ASTM F2772 standard ensures that a flooring solution considers multipurpose use, as well as the appropriate level of shock absorption and safety for light recreation to intense sports activity.



